



# ANNUAL REPORT

2015-16

‘Cara has already found roles for 70 Syrian academics in British universities, but every day it receives at least one plea for help from others suffering persecution ... Britain could and should do much more ... The noble British tradition of sheltering endangered thinkers should be revived and properly funded, by central government if need be.’

*The Times*, 28 August 2015 (Ben Macintyre)

As I write, in July 2016, the pace and horror of events worldwide are marked by an increasing inhumanity and chaos, which seems more and more beyond our control. In this turmoil, in which it is tempting even for the most positive of us to give way to a sense of inadequacy and despair, Cara offers solid hope: both the hope of immediate security for those we support and the hope for the rest of us that through the work of Cara we can practically and for the longer term contribute to the rebuilding of a stable future.

While we cannot yet imagine how or where a resolution of the problems in the Middle East will emerge nor how long it may take, we know that, when peace does come, the scholars and scientists to whom we have given sanctuary will have leading roles in the rebuilding of their countries. They will be the people who start work on the urgent, immediate problems of replanning, rebuilding, reconnecting all the essentials of water, shelter, communications, health care, schools, roads, functioning communities and cities. They will also begin to train the next generation and establish the research programmes which will find solutions for the many problems that their new societies will face.

The Middle East is our biggest challenge; but Cara continues to support academics from many other parts of the world too. Cara knows that the first essential task is to save academics at risk, to keep that storehouse of wisdom and experience in place, to build the skills of those who in turn will build the future. The threats and dangers our academic colleagues are facing, particularly in the Middle East, are deadly. But we can help, we can give practical support, and above all we can give hope, to them and also to ourselves.



Mrs Anne Lonsdale CBE, Cara Chair

## CARA'S WORK – AN OVERVIEW

“After getting my PhD in Europe, I returned to do my duty as an academic woman and a scientific researcher to participate in my homeland’s development. A few months after I returned, the conflict started. The spectre of death was everywhere. All my hopes for contributing to Syria’s future were dashed ... Fortunately, I heard about Cara. Within six months, they were able to provide me with an opportunity to pursue my research in one of the most advanced and prestigious scientific universities in the world.”

**Cara Fellow from Syria** (quoted in *Times Higher Education*, 15 October 2015)

Cara’s origins go back to 1933, and to the determination of William Beveridge and other leading UK academics and scientists of the day to help their colleagues in Germany who were being forced out of their jobs by the Nazis. Their aim was “*the relief of suffering and the defence of learning and science*” – saving the individuals but also saving, for the good of all, the expertise and knowledge that they carried in their heads, and helping to ensure that it could be put to good use.

Over eighty years later, Cara is still working to support academics and scientists who are being forced to flee by discrimination, persecution, suffering and violence. Cara believes that science and learning have no geographical boundaries; that the pursuit of excellence is international; and that academics in higher education and research form one global community, whose work is essential for peaceful development. So academics who are in grave danger must be helped, rescued where necessary, and their knowledge preserved. Those who want to go home should be helped to prepare to return when circumstances permit, to rebuild their countries’ infrastructure and higher education communities. Those who cannot return, because of the continuing dangers, must be helped to build new lives, bringing their fresh perspectives and international experiences to enrich the universities that will host them, in the UK or elsewhere.

Cara’s **Fellowship Programme** helps academics in immediate danger to reach a place of sanctuary where they can continue their work. Most plan to return home when they can, to fulfil their critical role in higher education, but they need support in the meantime to maintain and develop their skills and build the networks they will need. Cara helps them to escape by identifying and agreeing a placement, often at a UK university or research institution but sometimes at a partner university elsewhere, and by helping with funding, immigration formalities and practical arrangements.

“I would say Cara – a charity called the Council for At-Risk Academics – saved my life.”

**Cara Fellow from Syria**

Cara also supports academics who have been forced to flee and have already reached the UK, and who cannot return home in the foreseeable future. Many find it very hard to come to terms with the permanent loss of their old home, job and community, so Cara helps them to rebuild their careers here.

In addition, Cara also runs **Country Programmes**, to provide effective support to academics who are continuing to work in their country despite threats and risks or who have been forced into exile in the surrounding region. Cara ran ground-breaking regional programmes for Iraq (2006-2012) and Zimbabwe (2009-2013), and is now developing plans for a regionally-based *Syria Research Fellowship Programme*.

Antony Gormley, *MEME CCXCVIII*, 2013, cast iron, 14 x 9.2 x 14 cm. © the artist.



Photograph by Stephen White, London

“We know from biology that hybridity brings greater strength and this is even more true of culture. What would Britain be without the participation of the minds of those who fled from Mitteleuropa in the last century? Without Sigmund Freud, Karl Popper, Arthur Koestler and Walter Gropius – to name but a few? From Pissarro to Mondrian to Hatoum, Britain has welcomed artists fleeing conflict and our understanding of our own art, history and architecture would have been so much the poorer, had it not been enriched by the contributions from abroad. Today, as in the past, I believe that Britain should be opening its arms to the opportunity of the revitalisation of our thought landscape by those brave, energetic and adventurous spirits who are seeking entry to our shores. I am delighted to have the opportunity to support Cara which is doing so much, as it did in 1933 and as it has done ever since, to shelter the brightest minds from persecution.”

The words of the artist Antony Gormley, who generously donated his work, *MEME CCXCVIII* (opposite), which was auctioned in June 2016 to raise funds to support Cara Fellowships. It went for £70,000. Cara would like to thank Antony for his extremely generous gift; and all the staff of the Gormley Studio and of Phillips in London for their support.



Al-Kindi University Hospital, Aleppo, Syria. Many of the academics whom Cara helps come from university hospitals, and are determined to return home when they can.

## 2015/16 – WORSENING CRISES, MOUNTING PRESSURES

“They asked me to report the names of students, of potential troublemakers ...

They said it was either you or them.

The campus was turning in on itself.

It was brutal, merciless.”

**Cara Fellow from Syria** (from an article in *The Times*, 7 September 2015)

As conflict continued across the Middle East in the summer and autumn of 2015 and into 2016, millions of ordinary people were forced to flee their homes. Many embarked on the long and dangerous trek around or across the Mediterranean, heading for Europe and, they hoped, safety.

Despite the dangers, many academics at first tried to stay on to continue their work, conscious of their responsibility to the next generation. But, all too often, a dangerous new reality replaced their old established routines. As factional boundary lines shifted, their familiar route to work was suddenly broken up by checkpoints where aggressive soldiers or militiamen, guns swinging from their shoulders, demanded papers, with the ever-present risk of a beating, robbery or forcible conscription into the regime’s forces. Even at work, they were not safe. Lectures were punctuated by the blast of mortar shells and bombs falling on once-peaceful neighbourhoods nearby. Power and water supplies were shut off. Some students stayed away; others became radicalised. Some female academics faced threats about the way they dressed, the way they behaved, the fact that they were there at all. Colleagues were kidnapped, to be held for ransom by criminal gangs – academics are often thought to be well-paid, and so worth snatching.

Then there were the deliberate killings. In Iraq more than 450 academics have been deliberately assassinated since 2003 – each time presumably because someone, somewhere, saw a person with ideas and the courage to utter them as a threat. In August 2015 Khaled al-Asaad, 82, the Keeper of Antiquities at Palmyra in Syria, was murdered by ‘ISIS’; and three other academics were murdered by ‘ISIS’ in Mosul, Iraq, in September.

Academics and their universities suffered as a result of many other conflicts around the world too, including in Europe. In eastern Ukraine, several universities were forced to

“As academics, we were targeted by both the regime and the extremists.

The government wanted us to emphasise their own version of the story ... Cara saved our life, they gave us hope so we didn’t go the hard way, we didn’t go through smugglers. We are not refugees. Now we are international students.”

**Cara Fellow from Syria** (quoted in *Agence France Presse*, September 2015)

evacuate some or all of their staff and students, and relocate their operations, to escape the fighting between Russian-backed separatists and Ukrainian forces and militias.

Even away from immediate conflict areas, academics were forced to seek refuge. In January 2016 over one thousand academics in Turkey signed a declaration which accused the government of carrying out a “*deliberate and planned massacre*” in Turkey’s Kurdish provinces. In response, they faced harsh public criticism, and criminal investigations were launched against many of them. Four were detained on charges of spreading “*terrorist propaganda*”; they were released by the court in April but may still face trial on lesser charges. Many others were dismissed, or faced administrative action by their universities as well as public campaigns of threats and denunciation. Some turned to Cara for help. Following the failed coup attempt on 15 July 2016, the authorities demanded the resignation of every university Dean in the country (over 1,500), and prohibited academics from travelling abroad. By the end of the month, there were signs that this ban was being eased, for some at least; but many questions remain about the future of universities and academic freedom in Turkey. In many other countries too, the right to free debate continues to be suppressed, and individual intellectuals and academics face arrest, torture and death threats.

Against this background, the number of applications for urgent help from Cara rose from 3-4 per week to 15-20 per week by June 2016, mostly from the Middle East and the surrounding region. By the end of July 2016, Cara was supporting 213 Cara Fellows from 25 countries, with over three hundred dependants: 138 Fellows in place (mostly in the UK, but some elsewhere), 46 pending arrival (everything agreed with the universities, but with visas and travel arrangements still being sorted out) and 29 with places lined up but with the funding still being worked on.

These are the highest levels of need since Cara was founded in the 1930s. And Cara needs urgently to find places and funding for over 100 more people at immediate risk.

## UNIVERSITIES JOIN IN MEETING THE CRISIS

“People were following me on motorbikes and standing observing me ... I went to my office and saw they had written ‘Shia, kafir’ across the walls, across the door of my office ... ‘Unbelievers must be beheaded’ was written on a piece of paper thrown into my office. So from then on I did not go to the university ...”

### **Cara Fellow from Pakistan**

Cara’s traditional support model involved seeking a course or bench fee waiver from the hosting university, with Cara covering much of the accommodation and living costs. As the Middle East crisis worsened, however, this model began to break down. In particular, the five-fold rise in the number of applications which Cara is now receiving compared to just over a year ago has not been matched by a five-fold increase in Cara’s funding. While Cara is still raising and spending its own funds, it has been forced also to ask universities to take on more of the financial burden, or risk having to turn desperate people away.

Fortunately, universities have risen to the challenge, offering cash and in-kind support of over £2.5 million in 2015, up from around £1 million in 2014 and £600,000 in 2013. This support has enabled Cara significantly to increase the number of academics it is helping. Six more universities joined the Cara Scholars at Risk Universities Network, bringing the total to 114 (see *facing page*). Outside the Network, several other UK universities and research institutes also hosted Cara Fellows, as did universities and institutes in Australia, Canada, the USA, Germany, France and Ethiopia.

## UK NETWORK UNIVERSITIES, 2016

Aberdeen | Abertay Dundee | Aston | Bath | Bath Spa | Bedfordshire | Birkbeck | Birmingham | Bournemouth | Bradford | Brighton | Bristol | Brunel | Buckingham | Cambridge | Canterbury Christ Church | Cardiff | Central Lancashire | Central School of Speech & Drama | Chester | Chichester | City University London | City & Guilds of London Art School | Courtauld Institute | Cumbria | De Montfort | Dundee | Durham | Edinburgh | Edinburgh Napier | Essex | Exeter | Glasgow | Glasgow Caledonian | Glasgow School of Art | Glyndwr | Goldsmiths College | Goodenough College | Greenwich | Heriot Watt | Hertfordshire | Heythrop College | Huddersfield | Imperial College | Institute of Education | Kent | Keele | King’s College | Kingston | Lancaster | Leeds | Leeds Beckett | Leicester | Lincoln | Liverpool | Liverpool Hope | Liverpool John Moores | Liverpool School of Tropical Medicine | London | London Business School | London Metropolitan | London School of Economics | London School of Hygiene & Tropical Medicine | London South Bank | Loughborough | Manchester | Manchester Metropolitan | Middlesex | Newcastle | Newman University Birmingham | Northampton | Nottingham | Nottingham Trent | Open University | Oxford | Oxford Brookes | Plymouth | Portsmouth | Queen Mary | Queen Margaret | Queen’s Belfast | Ravensbourne | Reading | Regent’s | Roehampton | Royal Holloway | SOAS | Salford | Sheffield | Sheffield Hallam | Southampton | Southampton Solent | South Wales | Staffordshire | Stirling | Strathclyde | St Andrews | Sunderland | Surrey | Sussex | Teesside | University of the Arts London | University College London | University of East London | Ulster | Warwick | Westminster | West of England | West of Scotland | Winchester | Wolverhampton | Worcester | York | York St John |



The Head of the self-proclaimed Donetsk People's Republic outside Donetsk University, Donetsk, Ukraine, 2015. The sign in the window behind says, 'Bomb Shelter'

## CARA SYRIA PROGRAMME

“Classes were routinely curtailed because students could hear shooting and couldn’t concentrate – they could only think of getting back home before things got worse ... I found Cara by accident ... What you find on Google, you don’t know that it will change your life.”

**Cara Fellow from Syria** (quoted in *The Guardian*, 23 October 2015)

While many organisations are working hard to support the future of higher education in Syria, most are focussed entirely on students. But without programmes to support Syria’s academics, this important intellectual capital, essential to Syria’s eventual rebuilding, will be lost.

Since 2012 Cara has been providing Fellowships to support Syrian academics forced into exile by the conflict. Scores have benefited, at universities in the UK and elsewhere. But this is not enough. In 2015/16, drawing on the experience of its earlier successful regional programmes for Iraq and Zimbabwe, Cara began to work up detailed proposals to support academics who have sought refuge in Turkey, Lebanon, Jordan and other countries in the area around Syria. Most retain a strong commitment to return to Syria when they can, in order to contribute to the rebuilding of Syria’s higher education and research sectors; but they urgently need opportunities to sustain themselves and their families over this period of uncertainty, to help them to connect with the wider regional and international academic and scientific communities and to grow professionally.

On 9 – 10 June 2016 the Swedish Consulate-General in Istanbul, the Swedish Research Institute and Bogazici University, with additional support from the Norwegian Foreign Ministry, hosted a Cara Round Table, as the Syria Programme’s first ‘on the ground’ event. The aim was to bring together potential Research Fellows and a range of international partners and funders, to tease out the issues affecting exiled Syrian academics and to identify solutions. Following the success of this event Cara has continued to develop its plans, in close consultation with partners and potential funders. A key element will be the *Syria Research Fellowship Programme (SRFP)*, which will support Syrian academics’ continued academic development and engagement through connection and collaboration with colleagues from the wider regional and international academic and research communities, as well as supporting the delivery of rigorous quality research of direct relevance to Syria.

“Finding myself out of harm’s way has stirred a deep sense of gratitude towards Cara, I feel both delighted and humbled at the opportunity to carry on with my modest research endeavour at one of the world’s greatest universities ... It is overwhelming to think that all of this happened in response to an SOS e-mail I sent in my moment of trepidation back home.”

**Cara Fellow from Pakistan**

## PARTNERSHIPS

Cara works with like-minded international partners, including the *Scholars at Risk Network* and the *Institute of International Education’s Scholar Rescue Fund* (both US). In 2015 Cara was re-elected as Vice-Chair of the New York-based *Global Coalition to Protect Education from Attack* ([www.protectingeducation.org](http://www.protectingeducation.org)), working with its US counterparts, UN agencies (UNESCO, UNICEF, UNHCR), Save the Children, Human Rights Watch and others to develop new ways to help protect school pupils, students, teachers, academics and researchers who are at risk as a result of instability and conflict around the world.

In autumn 2015 Cara, with its two US counterparts, was invited to participate in the *Philipp Schwartz Initiative*, launched by the Alexander von Humboldt Foundation with support from the German Foreign Ministry, which will support at-risk academics at German universities. Cara and the Alexander von Humboldt Foundation signed a Memorandum of Understanding in April 2016, which sets out how the two parties will work together in the future. Cara’s Executive Director attended a Workshop on the Initiative in Berlin in April 2016, and Cara will continue to support the Initiative and develop its links with German universities in 2016-17.

In December 2015 Cara announced its partnership with the *Sir Hans Krebs Trust*, and the launch of the ‘Sir Hans Krebs Trust / Cara Fellowship’ awards, at post-graduate and post-doctoral level in the biomedical sciences. Reflecting the shared aims of the two charities, Cara and the Trustees of the Sir Hans Krebs Trust have agreed a first group of joint Fellows. The awards will be a fitting tribute to the life and career of the late Sir Hans Krebs, a Nobel Prize winner who was supported by Cara in the 1930s when he was forced to leave Nazi Germany, and are being funded from the sale in 2015, by his family, of his Nobel Prize medal. The partnership will help to ensure that future generations of biomedical scientists who are prevented from carrying out research in their own country because of persecution or oppression have the opportunity to continue their important work.



## CAMPAIGNS AND AWARENESS-RAISING

“I was involved in politics and campaigning for human rights in Iraq and life became very difficult for me ... I came across Cara when I was searching online ... It opened my eyes to so many possibilities ... It was like having a time machine, speeding up the process of assimilation.”

**Cara Fellow from Iraq** (quoted in the *LSBU Magazine*, Spring 2016)

Cara's work achieved excellent coverage in the media in 2015/16 with, among others, articles/interviews in *The Times* (28 August 2015), *The Times* (7 September 2015), *BBC Radio London* (9 September 2015), *Agence France Presse* (16 September 2015), *The Observer* (11 October 2015), *BBC World Service* (12 October 2015), *Times Higher Education* (15 October 2015), *Atlantic Magazine* (23 October 2015), *The Guardian* (24 October 2015), *Research Fortnight* (28 October 2015), *The Australian* (4 November 2015), *Anadolu News Agency* (8 January 2016), *ITV News Coventry* (26 January 2016), *Cambridge TV* (3 March 2016), *Oxford Today* (April 2016), *The Guardian* (15 July 2016).

Cara organised and took part in a wide range of events, lectures and seminars in 2015/16 to raise awareness of attacks on academics and academic institutions across the globe, and the extent and diversity of Cara's work. Cara's Executive Director gave lectures about Cara's work at universities across the country, and was invited to deliver the keynote speech at the Congress of the Swedish Association of University Teachers (SULF) in Stockholm in November 2015. He also spoke at the International Higher Education Forum at Olympia in March 2016; at the annual Congress of the University and College Union in June 2016; and at the Annual Conference of the International Association for Media and Communication Research (IAMCR) at the University of Leicester in July 2016.

Cara also launched a fully redesigned and modernised website in 2015, with a new web address –

[www.cara.ngo](http://www.cara.ngo).

“As the war went on, with no foreseeable ending, I knew that those dreams were on the verge of being lost. I thought I would have to enlist in the military and all I felt was despair ... Cara saved my dreams from dying. Its understanding and compassion gave me hope again.”

**Cara Fellow from Syria**

## CARA 'SCIENCE AND CIVILISATION' LECTURE, OCTOBER 2016

Cara's third annual 'Science and Civilisation' Lecture was delivered at the Royal Society by Lord Rees, Astronomer Royal and former President of the Society. He took as his theme, "Confronting 21st Century Challenges: Scientists as experts, as campaigners and world citizens". The annual lecture series commemorates the title of the lecture delivered by Albert Einstein at the Royal Albert Hall on 3 October 1933, to raise funds for the 'Refugee Assistance Fund', a grouping consisting of Cara (then known as the Academic Assistance Council) and three other charities.

The next lecture in the series will be delivered on 17 October 2016, by Dame Anne Glover FRS, the first Chief Scientific Adviser to the President of the European Commission (2012-2015) and the first Chief Scientific Adviser for Scotland (2006-2011). She is currently Vice Principal for External Affairs and Dean for Europe at the University of Aberdeen. She will speak on the theme, "And then they came for the experts", and has outlined her planned talk in the following words:

*'A Lutheran pastor, Martin Niemoeller, frustrated at the lack of condemnation of the Nazis by German intellectuals, made a speech in 1946. He said, "First they came for the socialists, and I did not speak out—because I was not a socialist. Then they came for the trade unionists, and I did not speak out because I was not a trade unionist. Then they came for the Jews, and I did not speak out—because I was not a Jew. Then they came for me—and there was no one left to speak for me." After the recent EU referendum, many were concerned at the condemnation of experts encapsulated by a comment by Michael Gove saying "people in this country have had enough of experts". This lecture will highlight the excellence of science in the EU and how this has impact on every citizen. It will also try to address what we need to do to embody the use of evidence in decision-making and how to encourage our politicians to be more transparent about their motivations in policymaking.'*

Please contact Cara for further details if you wish to attend this event.

“There is no word in any language that can express my thanks and gratitude to you for all your noble and great efforts that have been made toward my case. Your assistance has not only saved my life – although this is quite enough to owe you my life – but also has promoted my academic growth and development which, for me, was the essence that otherwise was going to be destroyed by the ongoing crisis in my beloved Syria.”

**Cara Fellow from Syria**

## STUDENT ART COMPETITION

Cara’s second Student Art competition - “*The Art of Resistance: Defending Academic Freedom*” – received an impressive 88 entries from university students across the UK. The artists’ work ranged from sculpture to animation. The judges – Ken Done (Australian artist), Helen Delaney (Curator of Contemporary British Art at Tate Britain) and Linda Drew (Chair of the Council for Higher Education in Art & Design, and Director of Ravensbourne) – selected two winners:

First Place: Luke Carter: “A Little Knowledge is a Dangerous Thing”. Luke is an Illustration student from the University of the West of England (see facing page).

Second Place: Douglas Stevens: “I AM, WE ARE”. Douglas is a Fine Art student from the University of Edinburgh.

## STUDENT AMBASSADORS

Cara enjoys the support of (so far!) forty-three enthusiastic student ambassadors, spread across twenty-seven UK Universities. They raise awareness of Cara’s role in supporting at-risk academics and defending academic freedom in a wide range of innovative ways – topical talks in conjunction with human rights societies, fundraising runs, bake sales and many others. As an expanding programme, Cara’s Student Ambassadors engage a broad spectrum of UK students with the fundamental principles that underpin Cara’s work. We thank them for their commitment.

Luke Carter, *A Little Knowledge is a Dangerous Thing*, 2016





AHMAD GHARABLI/AFP/Getty Images

## FINANCIAL PERFORMANCE

“When the war started and the fight intensified, our life was ruined and everything has been demolished and we were at high risk. The fellowship you provided was of great help to me and my family and has changed our lives for the better. I am working on developing a novel drug delivery system. So far I have published two research papers and presented my research findings in two conferences. Your generosity has inspired me to help others and give back to the community.”

**Cara Fellow from Syria**

In May 2015 lawyers acting on behalf of the late Dr Gabrielle Ellinger informed Cara that a legacy of some £400,000 had been left to Cara. Dr Ellinger was the daughter of a Düsseldorf pharmacologist who was forced out of his post by the Nazis and was supported by Cara to build a new life in the UK. £200,000 was received in 2015, with most used to fund new awards for academics in desperate need of help. £50,000 has so far been received in 2016, with the balance to follow later in the year.

In 2015 many universities decided to channel living cost funding for the Cara Fellows they were hosting through Cara, rather than paying Fellows direct. This contributed to a significant increase in Cara’s restricted income and expenditure in 2015, which will continue in 2016. In summer 2015 Cara was also offered an additional £50,000 by an existing donor, in response to the crisis in Syria.

As a result, Cara’s final income in 2015 totalled £1,085,067, over twice the level expected at the beginning of the year, and a sharp increase on 2014 (£579,697). Expenditure and commitments on charitable activities for the year amounted to £1,087,700 (2014: £701,110). The total net movement of funds was a deficit of £35,006 (2014: a deficit of £134,010). Much of this reflects the accrual of awards agreed in late 2015, for payment in 2016 with funds that have already been pledged to Cara in that year. On a cash basis, there was a surplus of £203,740. Further information is given in the accounts on pages 22–23.

Israeli borderguards outside Al-Quds University, Jerusalem, during clashes with Palestinian demonstrators, November 2015.

'Alieva, a specialist in political science and international relations who ran an independent think tank in Baku, saw "one after the other" of her colleagues being given prison sentences of up to eight years; their health, she says, has been destroyed in prison. Friends had told her about Cara. Cara, which has long had a relationship with Oxford, paid for Alieva's flights and, together with St Antony's and another sponsor, arranged for a fully funded two-year research position at St Antony's as an academic visitor ... "Every day here is a present," Alieva says.'

**Oxford Today,  
Vol 28, No 2, 2016**

## DONORS (2015-16)

All charities need funds, and Cara and its beneficiaries offer heartfelt thanks for donors' continued support. A number of funders have requested anonymity, but Cara is happy publicly to acknowledge the generosity of the following:

UK Universities  
The Dowager Countess Eleanor Peel Trust  
Freedom House  
Garfield Weston Foundation  
Harbour Foundation  
John Innes Centre  
National Institute of Agricultural Botany (NIAB)  
Sigrid Rausing Trust  
Sir Hans Krebs Trust  
Society for Applied Microbiology  
Worshipful Company of World Traders

Cara is grateful also to many individual members of university staff, for their humanity, their generosity and the practical support they have given and continue to give Cara Fellows across the country; and to the many other people, with no direct affiliation to academia, who nonetheless understand the importance of Cara's work, and have opened their homes to Cara Fellows and donated to the cause.



**YOU ONLY HAVE TO KILL  
ONE ACADEMIC  
TO SILENCE HUNDREDS**

## Appeal: You Can Help!

Today, Cara is helping more people than at any time since the 1930s. They are fleeing immediate danger. Many have grim stories to tell, of colleagues who have been beaten, abducted or even murdered, of family members wounded or killed.

Applications to Cara for help in June 2016 were running at five times the level of just one year before – the highest levels since the 1930s.

With the help of our university partners, some 500 academics and family members have been helped to reach safety, and given the support they need.

But many more are anxiously waiting, their dreams of an academic career now a nightmare of threats, violence and despair.

### **You can help.**

Please go to [www.cara.ngo](http://www.cara.ngo) and click on the box, 'Donate Now'; or, to send a cheque, download a donation form at [www.cara.ngo/how-to-help/donations](http://www.cara.ngo/how-to-help/donations). If you can, please add Gift Aid; it costs you no more, but gives us an extra 25%.

**Thank you for your support!**

# SUMMARY INCOME AND EXPENDITURE ACCOUNT

for the year ended 31st December 2015

	2015	2014
	£	£
<b>Income</b>		
Donations and legacies	1,078,260	564,041
Charitable activities	102	6,934
Investments	6,705	8,722
Realised gains / (losses) on investments	9,174	706
<b>Total income</b>	<b>1,094,241</b>	<b>580,403</b>
<b>Expenditure</b>		
Raising funds	2,765	5,685
Charitable activities:		
Grants payable	670,243	361,122
Programme and project work	417,457	339,988
Governance	37,147	13,945
<b>Total expenditure</b>	<b>1,127,612</b>	<b>720,740</b>
<b>Net income (expenditure) for the year</b>	<b>(33,371)</b>	<b>(140,337)</b>

All of the operations undertaken by the company during the current and preceding years are continuing operations.

The retained net loss for the year based on historical cost is £8,922 (2014 – net loss £129,340).

**Auditors' Opinion:** We confirm that the information given in the summary income and expenditure account and the balance sheet shown on pages 22 to 23 is consistent with the annual accounts of the company for the year ended 31st December 2015 which have been audited by ourselves.

Colin Brailey FCA Senior statutory auditor, 16 June 2016

For and on behalf of Cocks, Vellacott & Hill Statutory Auditor

Chartered Accountants, Unit 3 Dock Offices, Surrey Quays Road, London SE16 2XU

# BALANCE SHEET

as at 31st December 2015

	2015	2014
	£	£
<b>Fixed assets</b>		
Tangible assets	7,966	14,044
Investments	255,164	293,256
<b>Total fixed assets</b>	<b>263,130</b>	<b>307,300</b>
<b>Current assets</b>		
Debtors	6,289	14,179
Cash at bank and in hand	429,816	226,076
<b>Total current assets</b>	<b>436,105</b>	<b>240,255</b>
<b>Liabilities</b>		
Creditors: Amounts falling due within one year	(452,511)	(265,825)
<b>Net current assets (liabilities)</b>	<b>(16,406)</b>	<b>(25,570)</b>
<b>Total assets less current liabilities</b>	<b>246,724</b>	<b>281,730</b>
<b>The funds of the charity:</b>		
Restricted Income Funds	139,560	1,000
Unrestricted Funds	95,133	235,921
Revaluation reserve	12,031	44,809
<b>Total charity funds</b>	<b>246,724</b>	<b>281,730</b>

The financial statements were approved by the Board of Trustees on 3rd June 2016 and signed on its behalf by:

Anne Lonsdale (Chair)

David Ure (Hon Treasurer)

Company Registration No: 00641687 | Charity Registration No: 207471

# GOVERNANCE AND STAFF

## President

**Professor Sir Malcolm Grant CBE**

## Patrons

**Greg Dyke**

**Rabbi Baroness Neuberger DBE**

**The Baroness O'Neill of Bengarve CH CBE FBA**

**Professor Lord Patel of Bradford OBE**

**Jon Snow**

**Dr Rowan Williams** (*The Rt Revd and Rt Hon The Lord Williams of Oystermouth PC*)

## Trustees in 2015-16

**Chair: Mrs Anne Lonsdale CBE**, *Former President, New Hall, Cambridge, and Cambridge University Pro- and Vice-Chancellor*

**Hon Secretary: Dr Frances Dow CBE**, *Former Vice-Principal, University of Edinburgh*

**Hon Treasurer: Mr David Ure**, *Company Director, formerly Chair of the Reuters Foundation*

**Professor Sir Robert Boyd**, *Former Principal of St George's Hospital Medical School*

**Professor Paul Broda**, *Former Professor of Applied Molecular Biology, University of Manchester Institute of Science and Technology*

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**Mr Mark Hammond**, *Former Chief Executive, Equality and Human Rights Commission*

**Professor Sir Deian Hopkin**, *President of the National Library of Wales; former University Vice-Chancellor*

**Ms Lilia Jolibois**, *A non-executive Director and Member of the Audit Committee of Futuren Group S.A., France, and Board Director of the INSEAD Foundation*

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**Ms Tabitha Nice**, *Chief Adjuster – Specialty, Sompo Canopus*

**Mr Nigel Petrie**, *Chairman of AD Group, a UK technology business*

**Professor Robert Pynsent**, *Emeritus Professor of Czech and Slovak Literature, School of Slavonic and East European Studies, UCL*

**Mr Stephan Roman CMG**, *Former Director for South Asia, the British Council*

**The Revd Dr Nicholas Sagovsky**, *Honorary Professorial Fellow at Roehampton University, Visiting Professor at Liverpool Hope University*

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Fellowship Programme Officer: **Sana Ibrahim**

Fellowship Programme Officer: **Andrew Mahon**

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Fellowship Programme Assistant: **Olivia Iannelli**

Fellowship Programme Assistant: **Iman Nafi** (September 2015 - March 2016)

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## Volunteers and Interns

Cara could not function without the support of the many volunteers and interns who have so generously given their time to work with Cara over the last year:

Iman Nafi | Alex Firth | Olivia Iannelli | Andrew Mahon | Riman Salim | Sana Ibrahim | Rosanna Le Rossignol | Jessica Gaskell | Husam El-Kurd | Natascha Starr | Carmen Zavala | Eman Mansour | Victoria Owrid | Arianna Rotulo | David Lynch | Anushka Parhar | Yassamin Keshtmand | Jade Thorpe | Harbinda Hanspal | Aoise Keogan-Nooshabadi | Charlotte Sharman

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In view of the sensitivity of the personal information that Cara processes, Cara is registered with the Information Commissioner's Office (ICO), in accordance with The Data Protection Act 1998. Cara's registration may be viewed at: <https://ico.org.uk/ESDWebPages/DoSearch?reg=522738>

Cover: Pakistani policemen stand guard outside Bacha Khan university a day after an attack by militants in Charsadda, about 50 kilometres from Peshawar, on 21 January 2016.



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